

# ART THERAPY

*A friendly, welcoming space for women to explore making art in a therapeutic group setting. No art experience necessary, just a curiosity in the creative process.*

**Fridays 2.30pm - 4.30pm**

**18 October to 6 December 2024**

**(8 weeks)**

**Cost: \$80 (\$40 Concession)**

*Light refreshments and all materials provided.*

*This is a therapeutic group, conducted in a safe and supportive environment. Facilitated by a qualified Art Psychotherapist, it is suitable for those wishing to explore their feelings through the use of different art materials and the creative process.*

*\* If you are unsure whether the group is right for you please leave your details and our Art Therapist will contact you.*



lwchc

[www.lwchc.org.au](http://www.lwchc.org.au)

LWCHC is funded by Sydney Local Health District

call us to make your booking

**9560 3011**

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