

ART THERAPY

A friendly, welcoming space for women to explore making art in a therapeutic group setting. No art experience necessary, just a curiosity in the creative process.

Fridays 2.30pm - 4.30pm

2 August to 20 September 2024

(8 weeks)

Cost: \$80 (\$40 Concession)

Light refreshments and all materials provided.

This is a therapeutic group, conducted in a safe and supportive environment. Facilitated by a qualified Art Psychotherapist, it is suitable for those wishing to explore their feelings through the use of different art materials and the creative process.

** If you are unsure whether the group is right for you please leave your details and our Art Therapist will contact you.*



lwchc

www.lwchc.org.au

call us to make your booking

9560 3011

LWCHC is funded by Sydney Local Health District

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